

ANUGRAH 2024



OUR JOURNEY,
AND THE IMPACT YOUR WALK WITH US HAS MADE

We are grateful for yet another year of journeying alongside the lives of children and adults with disabilities. This report is a testament to the support received from our friends and partners, enabling the team to serve with joy.

The Anugrah program, based at Herbertpur, Uttarakhand, has been evolving to provide community-based rehabilitation services to children and adults with disabilities since 2002. These numbers and narratives give a glimpse of our services for the year 2024.

Learning centers (Community Based Centers that provide holistic rehab)

- 124 children with developmental disabilities have received daily physical therapy, occupational therapy and special education.
- 72 individuals with disabilities have received rehabilitative support through the home-based program.
- 25 children under six years of age, received services through the biweekly specialized early intervention and autism groups.
- 20 children with disabilities at Saharanpur Learning Centre received a comprehensive evaluation of eye vision and 5 children with disabilities were prescribed glasses for the first time.
- Out-patient services were provided to 210 new and 115 follow-up children and adults with disabilities.

Assistive devices

- The prosthetics and orthotics team were able to fabricate various devices (AFO KAFOs, prosthetic limbs, braces, hand splints, gaiters and adaptations) and reach out to 275 individuals this year.
- The Carpentry team were able to design devices such as CP postural chairs, standing frames, corner stools, parallel bars, and cognitive toys alongside commercial products for homes and offices.
- 35 individuals were provided appropriate wheelchairs based on their postural and functional requirements.
- 168 individuals were part of the 'Wheels For The World' Wheelchair distribution camp.

Training

- 29 students have been part of the CBID training and would be appearing for exams in January 2025.
- Skill training programs for young adults with developmental disabilities have been explored and we look forward to possible training avenues.
- Developing a new learning curriculum to integrate children into mainstream schools is under process.
- The CBR team has been undergoing ongoing trainings as part of capacity building.

Community mobilization

- The existing 2 DPOs carried out various activities to promote self-advocacy. A new DPG in Selaqui was formed this year.
- School awarenesses were done to promote inclusion in 18 schools reaching out to about 700 children.
- Special Friends Club a platform to remove early attitudinal barriers was formed in 6 schools this year.
- The disability day rally on the 3rd of December attracted more than 4000 participants to walk and raise slogans promoting inclusion.
- Local stakeholders of the program were facilitated and informed about the various activities of the program.
- 2 families were supported in initiating disability-inclusive livelihood through electric rickshaws.
- Ongoing therapeutic support has been provided at the state-run home for destitute women (Nari Niketan)

Recreation Respite and Leisure

- The much-awaited Annual picnic had 67 children make the most of enjoying rides in a nearby amusement park.
- The annual sports witnessed 77 children displaying their competitive spirit to go beyond the expectations of just participating.
- 31 families were part of a 3-day annual family retreat to provide and experience a time of fun, respite, fellowship.
- Children from all the learning centers actively participated displaying a range of cultural programs during the annual program.

Team updates

We were blessed with 48 people on the team this year

We had a few people join us this year - Harry Matthew (Physical Therapist), Emily Cooper (Student volunteer from Wheaton college), Christina Vinod (Prosthetic & Orthotic Technician), Rahel Moser (Volunteer Prosthetic and Orthotic technician), Joy Joshua (Occupational Therapy Intern from Amity university).

Charis (Occupational Therapist) bid farewell after 3 and half years of service at Anugrah.



We express our heartfelt gratitude and appreciation for your resources, time and prayers for the program!!

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For from His fullness we have all received, Grace upon Grace